



the
marketplace
GRILL | CAFÉ



Fresh, Healthy, Delicious



Dine In
Drive Thru
Take-Out
Catering

Breakfast Ends at 12:00 pm

Downey
8777 Florence Ave, Downey, 90240
(562) 927-8700

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www.themarketplacegrillcafe.com



SALADS

GREEK STYLE SALAD

Baby greens, romaine, spinach, spring mix, roma tomatoes, cucumbers, red onions, Greek peppers, Kalamata olives, feta cheese, grilled pita, Greek dressing, made with supreme quality Greek extra virgin olive oil and balsamic vinegar

- GREEK SALAD \$10.95
- GREEK CHICKEN BREAST SALAD \$15.45
- GREEK RIBEYE STEAK SALAD \$20.95
- GREEK ALBACORE TUNA SALAD \$15.45
- GREEK SALMON SALAD \$20.25
- GREEK SHRIMP SALAD \$19.95

- GREEK QUINOA SALAD (HOT OR COLD) \$16.85
- GREEK VEGGIE SALAD \$13.95

MP STYLE SALAD

Baby greens, romaine lettuce, spinach, spring mix, roma tomatoes, cucumbers, red onions, carrots, avocado, housemade focaccia bread. Served with your choice of cilantro lime vinaigrette or lemon dill vinaigrette

- MP SALAD \$12.25
- MP CHICKEN BREAST SALAD \$16.75
- MP RIBEYE STEAK SALAD \$22.25
- MP ALBACORE TUNA SALAD \$16.75
- MP SALMON SALAD \$21.75
- MP SHRIMP SALAD \$21.25
- MP QUINOA SALAD (HOT OR COLD) \$18.25
- MP VEGGIE SALAD \$15.35

ASIAN STYLE SALADS

Shredded iceberg lettuce, carrots, fire roasted red peppers, chopped green onions, wontons, mandarin, roasted sesame, roasted peanuts, grilled pita bread, Asian dressing

- ASIAN SALAD \$11.95
- ASIAN CHICKEN BREAST SALAD \$15.45
- ASIAN RIBEYE STEAK SALAD \$20.95
- ASIAN ALBACORE TUNA SALAD \$15.45
- ASIAN SALMON SALAD \$20.25
- ASIAN SHRIMP SALAD \$19.95
- ASIAN QUINOA SALAD (HOT OR COLD) \$16.85
- ASIAN VEGGIE SALAD \$13.95

WRAPS

GREEK STYLE WRAPS

Baby greens, red onions, roma tomatoes, feta cheese, avocado, chipotle spread, in spinach wrap
Served with your choice of two sides

- GREEK CHICKEN BREAST WRAP \$14.55
- GREEK RIBEYE STEAK WRAP \$18.05
- GREEK ALBACORE TUNA WRAP \$15.35
- GREEK ITALIAN SAUSAGE WRAP \$14.55
- GREEK LOUISIANA SAUSAGE WRAP \$14.55
- GREEK SALMON WRAP \$17.35
- GREEK SHRIMP WRAP \$18.65
- GREEK VEGGIE WRAP \$14.55

MP STYLE WRAPS

Baby greens, red onions, roma tomatoes, avocado, carrots, roasted sesame seeds, cilantro lime spread, spinach wrap
Served with your choice of two sides

- MP CHICKEN BREAST WRAP \$14.55
- MP RIBEYE STEAK WRAP \$18.05
- MP ALBACORE TUNA WRAP \$15.35
- MP ITALIAN SAUSAGE WRAP \$14.55
- MP LOUISIANA SAUSAGE WRAP \$14.55
- MP SALMON WRAP \$17.65
- MP SHRIMP WRAP \$18.65
- MP VEGGIE WRAP \$14.55



DESSERTS

- SWEET CREPE \$13.25
Crepe, nutella, banana, strawberries, blackberries, caramel, chocolate, walnuts and whipped cream
- TIRAMISU \$6.85
Layers of espresso drenched with lady fingers, separated by mascarpone cream and dusted with cocoa powder.
- BAKLAVA \$3.55
- TRADITIONAL NEW YORK CHEESECAKE \$7.95
A creamy rich New York cheesecake that sits on graham cracker base.
- OLD FASHIONED FUDGE CAKE \$6.85
Alternating layers of rich fudgy cake and smooth chocolate buttercream, covered with chocolate shavings.
- PISTACHIO CHEESECAKE \$7.55
A creamy pistachio cheesecake with pistachio pieces, topped with a light pistachio mousse and sprinkled with pistachios, on a graham cracker base.
- HAZELNUT PASSION CAKE \$6.85
Chocolate shortbread pastry filled with hazelnut cream made with hazelnuts from piedmont, decorated with praline hazelnut.

SOUPS OF THE DAY (\$7.85)

MONDAY

CREAMY MUSHROOM SOUP OR CAJUN SOUP

TUESDAY

CHICKEN VEGETABLE SOUP OR ROASTED TOMATO SOUP

WEDNESDAY

BROCCOLI CHEDDAR SOUP OR LENTIL SOUP

THURSDAY

SPLIT PEA SOUP OR POTATO CHOWDER SOUP

FRIDAY

CLAM CHOWDER SOUP OR FRENCH ONION SOUP

SATURDAY

MINISTRONE SOUP OR CREAMY POBLANO SOUP

SUNDAY

TORTELLA SOUP OR CREAMY CHICKEN GUMBO SOUP

DRINKS

- HOT & ICED STEEPED TEAS \$3.55
Egyptian chamomile, spice chai, tropical green, organic peppermint, Earl Grey, English breakfast, hot cinnamon spice, Japanese sencha
- HOT & ICED BREWED COFFEE \$3.55
Café Americano, brewed coffee, brewed decaffeinated coffee
- HOT & ICED LATTES \$6.45
Latte, vanilla, hazelnut, vanilla peppermint, chai, caramel, mocha, white mocha
- CAPPUCCINOS \$5.55
Cappuccino, vanilla, hazelnut, vanilla peppermint, chai, caramel, mocha, white mocha
- ESPRESSO \$3.45
Single, double, cortado, relogy coffee & 2 espresso shots, black eye coffee
- TORANI ITALIAN SODAS \$4.35
Natural cane sugar raspberry, blackberry, strawberry, peach, lime, pineapple, mango, pomogranate, watermelon
- BREWED ICED TEA \$3.15
Mango, regalia, passion fruit
- FOUNTAIN DRINKS \$3.45
Coca cola, diet coke, sprite, raspberry iced tea, light lemonade, Dr Pepper vitamin water
- LEMONADES \$3.45
Strawberry, peach, mango
- SMOOTHIES \$6.45
Strawberry, banana, pine colada, mango, orange blast, banana split, Oreo cookies, strawberry & banana
- BOTTLED DRINKS \$4.15
Femte, Dasani water, lemonata, aranciata, blood orange russa, topo chico, Ginger Beer, Root Beer
- FRESH SQUEEZED ORANGE JUICE \$6.45
- FRESCAS \$3.15
Mango, watermelon lime, premium lemonade
*Made with juice, cane sugar, natural flavor, plus no artificial flavoring.
- MIMOSAS (Monday's Half Off) \$10.05
Classic orange, cranorange, mango, watermelon, strawberry, raspberry, lime, apple, pineapple, blackberry, pomegranate, peach
- FRUIT JUICES \$4.75
Apple juice, cranberry, cran-orange,



BREAKFAST**BREAKFAST PANINIS**

Eggs, avocado, feta cheese, chipotle spread
Served with choice of breakfast potatoes or fruit

BREAKFAST MEAT PANINI \$14.55
Smoked bacon, Louisiana sausage, ham

BREAKFAST VEGGIE PANINI \$14.35

BAGEL PANINIS

Eggs, cream cheese spread, tomato, red onions, avocado, bagel pressed panini style

Served with choice of breakfast potatoes or fruit

HAM BAGEL PANINI \$14.75

TURKEY BAGEL PANINI \$14.75

MEAT BAGEL PANINI \$14.75

BACON BAGEL PANINI \$14.75

BREAKFAST WRAPS

Eggs, avocado, feta cheese, onion, tomato, sour cream in a spinach tortilla

Served with choice of breakfast potatoes or fruit

BREAKFAST VEGGIE WRAP \$13.35

Squash, zucchini, bell peppers, mushrooms, broccoli, asparagus

BREAKFAST MEAT WRAP \$13.15

Smoked bacon, Louisiana sausage, ham

BREAKFAST CREPES

Crepes, eggs, sautéed tomatoes, red onions, mushrooms, spinach, cream sauce, feta cheese

BREAKFAST HAM CREPE \$15.55

BREAKFAST TURKEY CREPE \$15.55

BREAKFAST LOUISIANA SAUSAGE CREPE \$15.55

BREAKFAST RIBEYE STEAK CREPE \$17.75

BREAKFAST ITALIAN SAUSAGE \$15.55

BREAKFAST VEGGIE CREPE \$15.65

BREAKFAST MEAT LOVER'S CREPE \$17.15

*Meatlover-bacon, ham, Louisiana sausage

BREAKFAST CLASSICS

Served with breakfast potatoes, choice of bagel, English muffin, wheat, white, sourdough or rye bread

Substitute toast for french toast or pancakes for \$2.50

HAM & EGGS \$14.05

BACON & EGGS \$13.65

LOUISIANA SAUSAGE & EGGS \$13.95

ITALIAN SAUSAGE & EGGS \$13.95

HUEVOS RANCHEROS \$15.15

CHORIZO & EGGS \$15.15

RIBEYE STEAK & EGGS \$17.65

PANCAKES & EGGS

HAM & PANCAKES \$13.85

BACON & PANCAKES \$13.65

LOUISIANA SAUSAGE & PANCAKES \$13.65

ITALIAN SAUSAGE & PANCAKES \$13.65

RIBEYE STEAK & PANCAKES \$17.45

FRENCH TOAST & EGGS

HAM & FRENCH TOAST \$15.05

BACON & FRENCH TOAST \$14.55

LOUISIANA SAUSAGE & FRENCH TOAST \$15.05

ITALIAN SAUSAGE & FRENCH TOAST \$15.05

RIBEYE STEAK & FRENCH TOAST \$18.75

OMELETTE'S

Served with breakfast potatoes, choice of bagel, English muffin, wheat, white, sourdough or rye bread
Substitute toast for French toast or pancakes for \$2.50

CLASSIC OMELET \$14.55

Bacon, sausage, ham, feta cheese

GREEK VEGETARIAN OMELET \$14.05

Squash, zucchini, bell peppers, mushrooms, broccoli, asparagus, tomatoes, feta cheese, sliced Kalamata olives

MONTERREY OMELET \$15.55

Bacon, mushrooms, sautéed red onions, avocado, sour cream, feta cheese, salsa

OATMEAL

PLAIN OATMEAL \$6.65

BROWN SUGAR OATMEAL \$6.95

CINNAMON & RAISINS OATMEAL \$7.45

BANANA BERRY OATMEAL \$8.95

GREEK YOGURT

GREEK YOGURT PLAIN \$5.75

GREEK YOGURT NUTS & HONEY \$7.05

GREEK YOGURT FRUIT PARFAIT \$9.25

Banana, strawberries, blackberries, nuts, honey

SAVORY HAM CREPE \$14.55

SAVORY TURKEY CREPE \$14.75

SAVORY CHICKEN CREPE \$15.35

SAVORY RIBEYE STEAK CREPE \$18.05

SAVORY JAMBALAYA CREPE \$17.25

SAVORY ITALIAN SAUSAGE CREPE \$15.35

SAVORY VEGETARIAN CREPE \$14.55

GRILLED CHEESE

ENTREES

SHRIMP RISOTTO \$19.45

Sautéed shrimp, lemon dill vinaigrette, rice, vegetables, pita

CHICKEN BREAST RISOTTO \$18.25

Grilled chicken breast fillet, garlic mustard sauce, risotto, vegetables, pita bread

SALMON PLATE \$20.95

Grilled fresh salmon fillet served with risotto, steamed veggies, pita bread, and a light drizzle of our cilantro lime vinaigrette

SALMON & SHRIMP \$22.25

Grilled fresh salmon fillet, sautéed shrimp, cilantro lime vinaigrette, risotto, vegetables, focaccia bread

SKIRT STEAK \$19.45

Marinated skirt steak, quinoa, vegetables, Greek pita bread

8oz RIBEYE STEAK \$20.85

Loaded mashed potatoes, vegetables, focaccia bread

16oz RIBEYE STEAK \$27.05

Loaded mashed potatoes, vegetables, focaccia bread

SAVORY CREPES

Crepe, sautéed tomatoes, red onions, mushrooms, spinach, cream sauce, feta cheese

SAVORY HAM CREPE \$14.55

SAVORY TURKEY CREPE \$14.75

SAVORY CHICKEN CREPE \$15.35

SAVORY RIBEYE STEAK CREPE \$18.05

SAVORY JAMBALAYA CREPE \$17.25

SAVORY ITALIAN SAUSAGE CREPE \$15.35

SAVORY VEGETARIAN CREPE \$14.55

SANDWICHES

Served with your choice of two sides

RIBEYE STEAK SANDWICH \$19.05

Grilled ribeye steak, leafed lettuce, tomatoes, chipotle spread, grilled dorado roll

Ad Swiss cheese and grilled onions (extra charge)

CHICKEN BREAST \$14.95

Grilled chicken breast, leafed lettuce, tomatoes, Swiss cheese, sautéed red onions & mushrooms, garlic aioli, grilled dorado roll

CIABATTA CHICKEN \$16.75

Grilled chicken breast, Swiss cheese, baby greens, red onions, tomatoes, chipotle spread, ciabatta bread

CIABATTA SALMON \$19.45

Grilled salmon fillet, baby greens, red onions, tomatoes, cilantro lime spread, ciabatta bread

CLUB SANDWICH \$16.15

GREEK PITAS

Grilled pita bread, roma tomatoes, red onions, tzatziki sauce made with Greek yogurt

Served with your choice of two sides

CHICKEN BREAST PITA \$14.55

RIBEYE STEAK PITA \$16.75

SIDES

Slight charge may apply
Salad, natural cut fries, fruit, hummus, sweet potatoes, veggies, Greek feta fries, ricotta onion rings, tzatziki, pita bread, mashed potatoes, soup

PANINIS

Chipotle spread, feta cheese spread, avocado, tomatoes, panini sourdough bread

Served with your choice of two sides

AVOCADO CHICKEN PANINI \$14.55

AVOCADO HAM PANINI \$14.55

AVOCADO TUNA PANINI \$16.25

AVOCADO TURKEY PANINI \$14.75

PASTRAMI FETA PANINI \$16.45

Chipotle spread, feta cheese spread, pickles, dorado roll

VEGETARIAN PANINI \$14.55

Grilled broccoli, asparagus, mushrooms, zucchini, squash, red onions, bell peppers, chipotle spread, feta cheese, avocado, dorado roll pressed panini style

FOCACCIA CHICKEN PANINI \$15.35

Chicken breast, tomato, garlic aioli, basil pesto, Swiss cheese in focaccia bread

PHILLY PANINIS

Grilled bell peppers, grilled red onion, chipotle spread, feta cheese spread, panini dorado roll

Served with your choice of two sides

PHILLY STEAK PANINI \$16.55

PHILLY CHICKEN PANINI \$14.65

**PASTAS****ALFREDO PASTA**

Alfredo sauce made to order with fresh garlic, fire roasted chopped sweet peppers, sun-dried tomatoes, fresh grated parmesan and romano cheese over fettuccine pasta, served with asparagus, broccoli and grilled pita bread

PASTA ALFREDO \$15.45

CHICKEN ALFREDO \$18.65

SHRIMP ALFREDO \$19.65

MUSHROOM ALFREDO \$16.65

ITALIAN SAUSAGE ALFREDO \$18.65

LOUISIANA SAUSAGE ALFREDO \$18.65

VEGETARIAN ALFREDO \$18.25

RIBEYE STEAK ALFREDO \$22.25

GREEK SAGANAKI PASTAS

Homemade marinara sauce with melted feta cheese over fettuccine pasta, served with asparagus, broccoli and grilled pita bread

PASTA SAGANAKI \$15.45

CHICKEN SAGANAKI \$18.65

SHRIMP SAGANAKI \$19.95

MUSHROOM SAGANAKI \$18.65

ITALIAN SAUSAGE SAGANAKI \$16.65

LOUISIANA SAUSAGE SAGANAKI \$16.65

VEGETARIAN SAGANAKI \$18.25

RIBEYE STEAK SAGANAKI \$22.25

PESTO PENNE PASTA

House made basil pesto combined with our delicious Alfredo sauce tossed with penne pasta and served with pita bread

PASTA PESTO \$15.45

CHICKEN PESTO \$18.65

SHRIMP PESTO \$19.95

MUSHROOM PESTO \$18.65

ITALIAN SAUSAGE PESTO \$16.65

LOUISIANA SAUSAGE PESTO \$16.65

VEGETARIAN PESTO \$18.25

RIBEYE STEAK PESTO \$22.25

THE BOMB PASTA

JAMBALAYA PASTA \$22.55

Sautéed Louisiana sausage, shrimp, bell peppers, mushrooms, onions and garlic, tossed with fettuccine pasta and creamy pink sauce

THE 1/2 POUND BURGERS

Served your choice of two sides

CLASSIC CHEESEBURGER \$14.35

Leafed lettuce, tomatoes, red onions, pickles, 1000 island spread

AVOCADO BACON CHEESEBURGER \$17.75

Avocado, bacon, leafed lettuce, tomatoes, red onions, pickles, 1000 island spread

MUSHROOM SWISS BURGER \$15.65

Sautéed mushrooms, sautéed red onions, Swiss cheese, leafed lettuce, tomatoes, pickles, 1000 island spread

JALAPEÑO CHEESEBURGER \$15.15

Battered jalapeños, baby greens, tomatoes, red onions Swiss cheese, pickles, chipotle spread

BBQ BACON CHEESEBURGER \$16.45

Smoked bacon, BBQ sauce, battered red onions, leafed lettuce, tomato, pickles, 1000 island spread

VEGGIE BURGER \$15.15

Veggie patty, sautéed mushrooms, grilled red onions, Swiss cheese, baby greens, tomatoes, pickles, 1000 island spread, wheat bun

FETA BURGER \$16.95

Smoked bacon, feta cheese, baby greens, tomatoes, pickles, onions, tzatziki on wheat bun

MELTS

Grilled onions, American cheese, grilled rye
Served with your choice of two sides

CLASSIC PATTIE MELT \$14.35

CHICKEN BREAST MELT \$14.35

TUNA MELT \$15.35

WINE, BEER, MIMOSA AND MARGARITA DAYS

Mimosa Mondays - 1/2 off Mimosa
Margarita Tuesdays - Margaritas \$5
Wine Wednesdays - 1/2 off Bottles of Wine
Beer Thursdays - All Beers \$4

PHILLY STEAK PANINI \$16.55

PHILLY CHICKEN PANINI \$14.65

GRILLED CHEESE

CLASSIC HUMMUS & PITA \$8.45

JALAPEÑO HUMMUS & PITA \$8.45

GREEK FETA FRIES \$9.05

MOZZARELLA STICKS \$10.05

JALAPEÑO POPPERS \$11.65

CHICKEN TENDERS \$12.35

BATTERED ONION RINGS \$7.35

NATURAL CUT FRIES \$7.55

SWEET POTATO FRIES \$7.55

GRILLED CHEESE

CLASSIC PATTIE MELT \$14.35

CHICKEN PANINI \$14.55

CLASSIC CHEESEBURGER \$14.35

AVOCADO BACON CHEESEBURGER \$17.75

MUSHROOM SWISS BURGER \$15.65

JALAPEÑO CHEESEBURGER \$15.15

BBQ BACON CHEESEBURGER \$16.45

VEGGIE BURGER \$15.15

FETA BURGER \$16.95

CHICKEN SANDWICH \$14.55